



PSHE Curriculum Overview (Including RHE) 2021-2022

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Themes	Relationships		Living In The Wider World		Health and Wellbeing	
Whole School	School of sanctuary Armour for life Global Goals Digital resilience Harvest festival (foodbank hampers)	Firework safety <i>November 5th</i> Remembrance Day <i>November 11th</i> Children in need <i>November 13th</i> Anti-bullying week <i>November 15th – 19th</i> Christmas	Digital resilience: Safer Internet Day <i>February 11th</i> Children’s mental health week <i>February 4th – 11th</i>	Waste week / Recycling Day <i>March 18th</i> Mother’s Day <i>March 27th</i> Enterprise Project	Eat them to defeat them	Refugee/diversity week (Pride month) <i>June 20th</i> World Cup/Sports day Father’s Day <i>June 19th</i>
Global Goals	1. No Poverty 2. Zero Hunger (Linked to Harvest)	4. Quality Education 10. Reduced Inequalities (Linked to CIN)	16. Peace, Justice and Strong Institutions	5. Gender equality 8. Decent Work and Economic Growth 9. Industry, Innovation and Infrastructure 13. Climate Action	6. Clean Water and Sanitation 12. Responsible Consumption and Production	3. Good Health and Wellbeing 11. Sustainable Cities and Communities
EYFS	-Ourselves, our likes and dislikes -Our families and friends -What we look like -Different parts of the face and body -Using our senses -Keeping healthy -Keeping safe -Drawing or painting self portraits -People who help us -Family celebrations	-Different types of story characters -Good Characters, Bad Characters -Using body movement and facial expressions -Talking about feelings and emotions	-Talking about feelings and emotions -identify preferences and interests -solving given problems independently -items that are special and what emotions go with the special item (losing or keeping safe) -speaking with others about same/different opinions	-Talk about following rules -Working cooperatively -Forming positive relationships	-Timeline of growth (body sizing changing) -Sharing memories -Travelling to new places (emotions)	-negotiating resources and working together -mirroring body movements and facial expressions - care and concern for pets and living things

Year 1	-Families and Close Positive Relationships FPA- Different families	-Friendships -Managing hurtful behaviour and bullying -Safe relationships -Respecting self and others	- Shared Responsibilities -Communities -Media literacy and digital resilience	-Economic wellbeing: Money -Economic wellbeing: Aspirations, work and career	-Healthy Lifestyles -Mental Health	-Ourselves growing and changing -Keeping Safe FPA- My brilliant body - Keeping safe
Year 2	-Families and close positive relationships FPA- friendships and feelings	-Friendships -Managing hurtful behaviour and bullying -Safe relationships -Respecting self and others	- Shared Responsibilities -Communities -Media literacy and digital resilience	-Economic wellbeing: Money -Economic wellbeing: Aspirations, work and career	-Healthy Lifestyles -Mental Health	-Ourselves growing and changing -Keeping Safe -Drugs FPA- Keeping Safe -Keeping clean and taking care of myself -Naming body parts
Year 3	-Safe Relationships -Friendships -Respecting self and others FPA – Me, myself and I	-Managing hurtful behaviour and bullying -Families and close positive relationships FPA – families and getting on with our families	- Shared Responsibilities -Communities -Media literacy and digital resilience	-Economic wellbeing: Money -Economic wellbeing: Aspirations, work and career	-Healthy Lifestyles FPA- Body Care	-Mental Health -Ourselves Growing and Changing -Keeping Safe
Year 4	-Families and close positive relationships -Friendships -Managing hurtful behaviour and bullying FPA – What makes a good friend?	-Safe relationships -Respecting self and others FPA – People who can help us on and offline	-Shared Responsibilities -Communities -Media literacy and digital resilience FPA – Is it risky	-Economic wellbeing: Money -Economic wellbeing: Aspirations, work and career FPA – Gender stereotypes and aspirations	-Healthy Lifestyle FPA – My personal and private body parts and keeping safe	-Mental Health Ourselves Growing and Changing Keeping Safe

Year 5	-Respecting self and others -Managing hurtful behaviour and bullying -Families and close positive relationships FPA – Identity and prejudice	-Friendships -Safe Relationships FPA- On and offline friendships -Friendships and pressure	-Community - Media literacy and digital resilience	- Shared Responsibilities -Economic wellbeing: Money -Economic wellbeing: Aspirations, work and career	-Healthy Lifestyles -Keeping Safe	-Mental health -Ourselves, growing and changing FPA- Changes at puberty -menstruation -Getting help
Year 6	-Families and close positive relationships -Safe Relationships -Managing hurtful behaviour and bullying FPA – Equality and the Law	-Friendships -Respecting Self and Others FPA – Friendships and Secrets	-Community - Media literacy and digital resilience -Mental Health FPA – Keeping Safe – online images	-Shared Responsibilities -Economic wellbeing: Money -Economic wellbeing: Aspirations, work and career -Drugs, Alcohol and Tobacco	-Healthy Lifestyles -Keeping Safe FPA – Getting Help	Ourselves Growing and Changing

Methodology

A variety of teaching strategies are applied to enrich PSHE / RHE with creativity. All sessions are based on firm, fair ground rules and promote the fundamental British Values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs (DfE November 2014).

Strategies include the following:

- Group discussion / paired work
- Drama
- Circle Time
- Videos
- Online resources
- Worksheets
- FPA Growing Up With Yasmine And Tom programme of work is used to ensure the statutory requirements of teaching Relationships Education are met