

Abingdon Primary PE and Sport Premium Report for 2018/2019



The Primary PE and Sport Premium is ring-fenced funding to be used by our school to achieve self-sustaining improvement in the quality of PE and sport at Abingdon Primary.

The national vision is for: **“All pupils leaving primary school [to be] physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport.”**

In academic year **2018/19**, we will/have received £16000 + £3450 Having consulted with pupils and parents, and to support our wider vision and plans for PE and sport, we have/plan to spend the Premium in the following ways.

1. The engagement of <u>all</u> pupils in regular physical activity – kick-starting healthy active lifestyles, including any additional provision for swimming funded by the premium. Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school.					Percentage of total allocation 31%
Outcome: What are you aiming to achieve?	Funding Allocated	Actions to achieve the outcome	The IMPACT on pupils (expected)	The IMPACT on pupils (actual)	Sustainability & Next Steps?
To improve water confidence of all Year 3 children. <u>Sports Premium money will supplement the current core funding</u>	Core funding + SP top-up £2242	Establish a weekly swimming session. Book transport for the Autumn and Spring term. Book a weekly session at Neptune or Eston Baths. (hire of pool and coach)	<ul style="list-style-type: none"> • <i>School establishes a swimming culture and an expectation that swimming is part of a regular weekly exercise routine. (Year 3/4)</i> • <i>75%-year grp achieve 10m certificate</i> • <i>20%-year grp achieve 25m certificate</i> 	Year 4 were the focus year group. At the start of the academic year Transport to and from the swimming baths was inadequate (logistics of the service provider did not meet our needs) A weekly session was not possible. This affected our swimming commitment. Later in the year Year 4 children attended and achieved: 62.5% 10m and above 32% 25m	Possible training to enable teachers to instruct small groups. Monitor progress against previous format of fortnightly bursts. Plan in Budget adjustment.
Extended Schools: Maintain a range of after school clubs, which engage and enthuse all pupils.	£1600	Maintain good working relationships with our regular partners. MRUFC, Teesside Lions, Newcastle Falcons, MFC Foundation, Teesside University. Establish new groups through sourcing good quality coaches and exploring opportunities within our community.	<ul style="list-style-type: none"> • <i>Continue to maintain the trend of increasing the percentage of pupil premium children involved in after school clubs.</i> • <i>Attendance overall to rise a further 10% on 17/18</i> 	We have continued to maintain and improve our participation rates in all clubs. Extreme Frisbee is now a well-established part of our extended school programme. This has engaged as part of the wider membership 8	Maintain clear communication with local clubs and support those children who would like to take their training further with

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<p>30 minutes of physical activity a day</p>	<p>£1000</p>	<p>Teesside University, Gym World, Middlesbrough College, Local Secondary Schools</p> <p>Promote our timetable to ensure the highest possible attendance figures and ensure clear communication lines with all partners – parents, children, coaches, clubs and staff. Website promotes activities and timetable.</p> <p>Established notice board raises awareness of new clubs and keeps staff and pupils informed.</p> <p>Purchase “imoves” online PE support with video content to support and enhance both core curriculum tasks as well as bespoke high intensity “work-outs for children</p> <p>Establish and embed the 1K – a – day run two voluntary – morning, break or lunch – and three time tabled runs throughout the week.</p>	<p><i>figures</i></p> <ul style="list-style-type: none"> • <i>Establish stronger links with local clubs and foster a commitment from a greater number of pupils to show resilience and take up memberships.</i> <ul style="list-style-type: none"> • <i>All classes are involved in the routine of running (1 k – a- day)</i> • <i>All staff have access to “Imoves” and use it regularly to support core lessons and “wake-up shake – up” high intensity activities.</i> 	<p>target children who otherwise have not engaged in physical activity out of school ours. As part of our pupil, voice (sports crew) boxing and an exclusive girls’ club were requested. Both clubs have helped to engage the less active and offer an alternative option to our active programme. 16 target children across both clubs have attended regularly. We continue to work closely with our established club links and have added a netball club as one of our partner organisations. A pilot parent’s netball club has helped engage less active “Mums” and develop a culture of habitual exercise. A trial Mum’s fitness class has been established. Engaging 6 otherwise sedate mum’s and having a positive affect on themselves and their children</p> <p>All staff attended a staff meeting where the importance of regular daily “blasts” of exercise were covered as part of a wider message of the promotion and delivery of good quality PE provision. The digital platform was introduced. All staff have implemented the daily blasts into their daily timetable and all children are engaged in their own “Personal Best” exercise goals throughout the week.</p>	<p>a local sports club.</p> <p>Establish a wider staff base to support after-school sports clubs</p> <p>Staff are supported in their delivery of PE sessions. Progress in the one Kilometre challenge is recorded and general fitness monitored. Funding for “imoves” is planned long-term.</p>
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Embed the "OPAL" primary programme	£1200	Continue to replenish loose-parts "equipment" which provokes and encourages core strength movement – pushing, pulling, building, climbing and stretching	<ul style="list-style-type: none"> <i>Use of heavy loose bits construction –managed risk taking physical activity is improving core strength of a large percentage of children.</i> 	<p>Intended 1K-a-day has been replaced by the 4 "Personal Best" exercises.</p> <p>The pupil OPAL team took part in a workshop day with PHOutdoor (OAA providers) to explore further opportunities for active creative play. Playtimes have seen over a 50% reduction in low-level playground disputes. Daily building, carrying, pulling pushing, hanging and swinging are all a key feature of our OPAL project and serve as a creative instinctive way to exercise and develop upper body strength and extend a broader range of movement. The OPAL team have held Three planning and development meetings whilst a key member of staff has attended a regional workshop in county Durham. Accreditation will be explored in 2019/20</p>	Core group maintain support from National OPAL lead and maintain development towards a standard kite-mark, Funding enables a regular replenishment of resources.
2. The profile of PE and sport being raised across the school as a tool for whole school improvement					Percentage of total allocation 14.7%
Outcome: What are you aiming to achieve?	Funding Allocated	Actions to achieve the outcome	The IMPACT on pupils (actual or expected)		Sustainability & Next Steps?
Health week planned.	£400	Planned for the Spring/Summer term - a week long programme of activities: assemblies, demonstrations, and physical activities. Cross-curricular links with science and Eco team.	<ul style="list-style-type: none"> <i>Annual promotion and awareness raising of the core values of "The Spirit of the Games"</i> 	Sports crew members worked alongside Mrs Bell to discuss how our health message and sporting values can be promoted. As part of a planned	A core team of staff across subjects and year groups have

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			<ul style="list-style-type: none"> All children will take part in a daily programme of sport wellbeing and healthy eating activities. Sports leaders to help plan and deliver programme of events which promote and raise awareness of the core values 	<p>week of activities</p> <p>School staff delivered fitness workshops. Over 30 parents attended the drop in sessions</p> <p>Healthy food preparation and cooking workshops were attended during the week by over 25 parents and children.</p> <p>Each class prepared a health and wellbeing presentation for their parents. Over 125 parents attended.</p> <p>All children measured their current personal best in the week.</p>	<p>developed key messages through planned activities. Sports leaders are included in the planning and delivery.</p> <p>Sports crew and News crew are trained in the publishing of articles and will mentor the next cohort of Year 4&5 children.</p>
Magisto subscription (media platform) Release time for IT support.	£460	Fortnightly tweet or webpage update newsletter included in school newspaper. Termly sports activity report and regular updates reported on the hall notice boards. Recognition of efforts from school partners and wider community.	<ul style="list-style-type: none"> Children parents and wider community have recognised efforts of children. Sports articles in school newspaper read by all children. Increase in articles and reports by 25% Children have taken the ownership of the school sports profile within the community at the same time as reinforcing their literacy and IT skills. 	<p>Sport has been a regular feature in the school newspaper.</p> <p>Regular tweets have kept the wider school community informed. Both platforms have been used to celebrate the achievements of the children in intra and inter school competition.</p> <p>IT lead has supported news crew when reporting.</p> <p>Attended by World champion boxer Stuart Hall an end of year sports award evening for children and their families promoted the values of the school games. 30 families were represented.</p>	<p>Core group of Year 4,5&6 children have been trained to manage and publish stories and articles about our sports activities.</p>
Replenishment of PE equipment consumables and kit	£2000	Audit, replenish and acquire new equipment and kit. Target equipment at extended school clubs and core curriculum sports.	Children value and respect appropriate equipment that helps build confidence, create challenges and develop the core skills of agility, balance and coordination.	Children continue to value and respect appropriate equipment that helps build confidence, create challenge and develop core skills of agility, balance and coordination.	Budget adjustment will be planned to replenish old or worn equipment.
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport					Percentage of

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				<i>total allocation</i>	
				23.3%	
<i>Outcome: What are you aiming to achieve?</i>	<i>Funding Allocated</i>	<i>Actions to achieve the outcome</i>	<i>The IMPACT on pupils (actual or expected)</i>	<i>Sustainability & Next Steps?</i>	
Enhancement awarded to P.E. lead TA to develop support and deliver high quality PE across the school.	£3348	A timetable of observations and team teach opportunities is and will have improvement in staff confidence in delivery. 8 teachers and TAs to work alongside P.E. lead in the Summer term	<ul style="list-style-type: none"> Children to receive consistently good PE lessons. As a consequence, children’s acquisition of skills and knowledge will improve further – Skills and knowledge monitored on tracker will show individual pupil progression towards the National standard. Gifted athletes are now more quickly identified and likewise children who are a concern because of inactivity will continue to be targeted and referred to Change for life clubs, Running Club and Frisbee Club. Children are showing a greater knowledge of the physical literacy of sport and continue to demonstrate the core values of the “Spirit of the Games” Teachers & lead practitioners begin to record a greater confidence in delivery and willingness to trial new or unfamiliar programmes of study. 	<p>All children have received consistently good PE lessons. As a consequence children’s steady improvement in skill acquisition and knowledge continue. This is showing in the tracker progression. Team teach opportunities have increased and wider staff confidence recorded.</p> <p>A consistent standard of performance in competition – teams regularly making it through to the later stages of tournaments and registering over 5 podium positions.</p> <p>Physical literacy has continued to improve whilst the values of the spirit of the games is apparent in intra-school competition.</p> <p>The smooth running of the extended schools programme has helped identify target children and signpost them to appropriate after school clubs.</p>	<p>Budget adjustments will be made to sustain the PE HLTA position. A continued programme of observations and team teach opportunities has and will help cascade skills and knowledge to a wider number of teachers.</p>

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<p>CPD—Release time for staff to train, team teach, observe and be observed</p>	<p>£1200</p>	<p>Possible Whole school training day and support. Book supplementary training for staff interested in developing their skills in PE</p>	<ul style="list-style-type: none"> Trained teachers will embed their training and experience in their delivery of PE in the coming academic year 18/19 and beyond. 	<p>Whole school staff meeting early in the year focussed staff’s commitment to PE and raised awareness of the demands of primary PE. The 30 minutes of vigorous class based body blasts have been timetabled. Two members of staff attended Primary my personal best –Life skills course – Elements have already been implemented as part of general practice. 1 member of staff attended Sports Xplorers course to help support early years PE – this will be implemented next academic year.</p>	<p>Targeted teachers to work within and across year groups to cascade skills and knowledge</p>
<p>4. Broader experience of a range of sports and activities offered to all pupils</p>					<p>Percentage of total allocation 14.4%</p>
<p>Outcome: What are you aiming to achieve?</p>	<p>Funding Allocated</p>	<p>Actions to achieve the outcome</p>	<p>The IMPACT on pupils (actual or expected)</p>		<p>Sustainability & Next Steps?</p>
<p>Skipping workshops (in – house) and Festival (120 Skipping ropes) Introduce and encourage a fundamental movement activity which will impact on routine regular exercise.</p>		<p>Programme to be delivered by PE HLTA and teachers. Year 3 to hold their own internal festival.</p>	<p>All children to increase their daily active exercise. Aerobic fitness improved as shown on our “pacer records” recorded each term. Coordination , balance and agility have increased as a direct consequence of being involved in the inter & intra-school challenges.</p>	<p>All year 3 children took part in an intra tournament and attended an inter school festival celebration of skipping skills. Aerobic fitness improved as shown in pacer records and a greater uptake of skipping options when carrying out their personal best was recorded. Coordination agility, stamina and balance have continued to improve.</p>	<p>After being part of two sets of pre festival training - 16/17 & 17/18 Staff will be able to embed the activities and routines into core PE lessons. Skipping is being used as a daily activity to fulfil the 30 minutes</p>

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					activity challenge of rigorous activity a day.
Destination Judo	Funding drawn from SSP	As part of the SSP coordinate and plan a week long timetable of Judo workshops for both KS1 &2 <i>Discussion to be had about the impact of this – possible targeting of a particular year groups or cohort of children to secure engagement beyond the taster sessions</i>	<i>Physical as well as mental - development of children is critical to help them grow into healthy, well-rounded adults. The Judo experience has helped promote this and sign post children to an alternative sport. 10 children engage in Judo clubs in the local area</i>	Two year groups were targeted along with HUB children and gained extra exposure to the sport. Children were actively sign posted to continue their involvement with two children exploring the sport outside of school. It has been recognised that this sport caters for all body types and will be something we will promote in the next academic year.	Secure annual bookings as continued members of the SSP
Teesside University (Active schools)	<i>Funding secured through bidding process</i>	Continue clear communication lines with the administration of booking facilities and possible instructors.	<i>Greater number of pupils, staff and parents aware of community opportunities. Use and partnership work becomes embedded</i>	As part of this partnership sport has been promoted with a series of high quality posters inspiring the school community – Staff images taking part in sport. Whole school staff health checks have been administered as part of our health and wellbeing. Shared good practise and networking is well established and serves as a forum for advice and guidance.	Continued support through community , University and local funding stream. Possible partnership work with partnership trust schools.
OAA	£1800 (instruction and resources)	Option 1: Source and book reputable instructors. Plan four half-term Projects across KS1 Option 2: Trained in-house member of staff to be timetabled to deliver to small groups in KS1 throughout the year.	Learning Outside the Classroom (LOT) Forest Schools – All Y1 & Y2 Children have the opportunity to learn about the natural environment, how to handle risks and most importantly to use their own initiative to solve problems and co-operate with others.	Year 1 Year 2 and Year 3 (6 classes) have taken part in a programme of OAA following the same pedagogy as “Forest schools” Both pupils and staff have reported 100% positive feedback and recognise the unique opportunity this experience has to offer: risk taking in a safe environment, team building, problem solving and teamwork.. Our OPAL project continues to work	One member of staff has attended all sessions and is undergoing “Forrest Schools” training. We will trial our own in – house delivery. <i>(there is contingency funding to</i>

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				alongside this element of physical education and complements the work carried out.	<i>supplement our in-house delivery)</i>
Newcastle Falcons & MFC Foundation	£1000	Timetable & book courses Move & learn Tackling Health	<ul style="list-style-type: none"> <i>Three year groups experience new and innovative PE sessions accompanied with key messages of Healthy Eating & Exercise</i> 	Year 3 (2 classes) engaged in the Move and Learn Tackling Health project (5 weeks) ran by the Newcastle Falcons All children improved their understanding of the wider benefits of developing a healthy balanced routine alongside a diet, which considers healthy options: being sugar smart and understanding the benefits of making informed food choices.	Bookings are planned into the budget for next year.
5. Increased participation in competitive sport					Percentage of total allocation 16.4%
Outcome: What are you aiming to achieve?	Funding Allocated	Actions to achieve the outcome	The IMPACT on pupils (actual or expected)		Sustainability & Next Steps?
Transport and staffing— Inter school Festivals and fixtures	£2400	Access is guaranteed and expected. More children are able to attend inter school sporting events. Improvement of at least 10 more inter school competitions and some club trips planned to raise awareness of the locality and ease of access to and from venues.	25 more children have experienced club sport through transport provision being made at weekends. Over 25% have maintained involvement and continue to engage with their chosen club. Further clubs are targeted for the summer term and it is expected a similar number will benefit from this “service” It is expected that by the end of the summer term 25% more children will have participated in an inter school or club	We have participated in over 25 inter school competitions and over 125 children have taken part. We have engaged a broader range of children in competition running 2 nd and third teams in over 6 tournaments. This year transport to and from clubs outside of school has been difficult and our expected target has fallen . Many children have maintained their links with clubs: Wildcats football for girls and a number of children have engaged with Middlesbrough swimming club and Middlesbrough cricket club. We continue to have strong links with Lions Basketball , Middlesbrough Rugby club and are forging	Budget adjustment – will allow the predicted events to be sustainable The purchase of a mini-bus is part of the school vision and funding streams are being explored. Formation of a partnership grp from cluster schools will guarantee commitment to fixtures.

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			competition.	a partnership with Grangetown Netball.	
Through the Middlesbrough alliance and in particular across our partner trust schools we will engage more children in inter school competition.	£800	This year's focus will continue to be on cluster school friendly leagues to allow for maximum participation. (the inclusion of 2 nd and 3 rd team involvement.)	As above	See Above	As above

Following the Swim Review in 2017, schools must also report on the impact of their swimming provision:

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your current Year 6 cohort , swim competently, confidently and proficiently over a distance of at least 25 metres? We are exploring a more beneficial timetable of lessons, which will encourage greater participation and greater success in impacting on swimming ability.	15%
What percentage of your current Year 6 cohort , use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	5%
What percentage of your current Year 6 cohort , perform safe self-rescue in different water-based situations? As part of planned pool lessons all children are shown and practice basic pool entry and exit. Also as part of our planned residential all attendees will be taken through safety procedures in open –water activities.	80%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way? We do intend to explore the feasibility of a self-sustaining swimming club in the Summer term.(If Yes ensure you report it in the table above)	As stated above we encountered logistical problems to deliver swimming over and above the national requirements.