

Abingdon Primary School PSHE Scheme of Work 2017-18

Topic/Term	Autumn			Spring			Summer		
Nursery	Weekly planning - Linked to topic and needs of children								
Reception	Weekly planning - Linked to topic and needs of children								
Core theme	Health and Wellbeing			Relationships			Living in the wider World		
Topics	Healthy Lifestyles	Growing and Changing	Keeping Safe	Feelings and emotions	Healthy Relationships	Environment	Money	Valuing difference	Rights and Responsibilities
Year 1	What helps keep bodies healthy; hygiene routines – First day at school L&G Rules: You can't do that here Family Relationships: It's a dog's life Families week	Recognising what they are good at; setting goals. Change and loss and how it feels- Who's Afraid	Keeping safe around household products; how to ask for help if worried about something - My Mum doesn't live here anymore Anti Bullying week Switch off fortnight	Recognising feelings in self and others; sharing feelings You scratch my back (animals that help each other)	Secrets and keeping safe; special people in their lives Bullying: I won't be made to feel bad	Looking after the local environment Waste week	Where money comes from; how to use money saving and spending money HELP project	Respecting similarities and differences in others; sharing views and ideas More than one friend Refugee week	Group and class rules; everybody is unique in some ways and the same in others Go-Givers Bear Hunt Taking responsibility- Everybody, somebody, anybody, nobody??
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Year 2	Healthy choices; different feelings;	Recognising what they are good at; setting goals.	Keeping safe in different situations; how to ask for help	Behaviour; bodies and feelings can be hurt	Listening to others and playing cooperatively;	Looking after the local environment	Where money comes from; saving and spending	Respecting similarities and differences in	Group and class rules; respecting their own and

	managing feelings Our Rules	Growing; changing and being more independent; correct names for body parts (including external genitalia) The smell monster L&G All about me	if they are worried about something; privacy in different contexts Medicines and drugs: Get better soon Anti Bullying week Switch off fortnight	Managing Anger please help Mitali	appropriate and inappropriate touch; teasing and bullying Tongue: The power of words	Good neighbours Exploring our community Waste week	money; making choices; keeping track of money spent/saved Caring for our community HELP project	others; sharing views and ideas Name calling: Sticks and stones Resilience: Bouncing back Refugee week	others' needs; groups and communities they belong to; people who work in the community; getting help in an emergency Chicken Soup Refugees Diversity in Britain: Save our Jack
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Year 3	What makes a balanced diet; opportunities for making own choices with food; what influences their food choices; habits	Recognising what they are good at; setting goals. Describing feelings; conflicting feelings and how to manage feelings What are your goals?	School rules on health and safety; basic emergency aid; people who help them stay healthy and safe. Rules	Recognising feelings in others; responding to how others are feeling Getting the Lowdown CD Peer Pressure – It's your choice	Positive; healthy relationships and friendships; maintaining friendship; actions affect ourselves and others; working collaboratively The Birthday Party L&G Community centre	Responsibilities; rights and duties Equal opportunities Waste week	Enterprise; what it means; developing skills in enterprise Young fundraisers – campaigners HELP project	Recognising and responding to bullying Prepare to stand up and stand out Refugee week	Discuss and debate health and wellbeing issues. Being a part of the community and who works in the community Scapegoat (not the final few slides as UKS2) Identities

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Year 4	<p>What makes a balanced lifestyle and making choices; drugs common to everyday life; hygiene and germs</p> <p>Barney and the Magic Mirror materials</p> <p>Microorganisms</p>	<p>Recognising what they are good at; setting goals. Changes at puberty. Changes that happen in life and feelings associated with change</p> <p>Hygiene during puberty</p>	<p>How to keep safe in local area and online; people who help them stay healthy and safe</p> <p>Telling someone L&G</p> <p>Photo captions</p>	<p>Keeping something confidential or secret; when to break a confidence; recognise and manage dares</p> <p>Dizzy dilemmas</p>	<p>Acceptable and unacceptable physical contact; solving disputes and conflicts amongst peers</p> <p>Getting the balance right</p>	<p>Sustainability of the environment across the world</p> <p>Mali</p> <p>Invaders and settlers – coming to Britain</p> <p>Waste week</p>	<p>Role of money; managing money (saving and budgeting); what is meant by interest and loan</p> <p>Famous Philanthropists</p> <p>HELP project</p>	<p>Listen and respond effectively to people; share points of view</p> <p>Belonging to groups</p> <p>Refugee week</p>	<p>Discuss and debate health and wellbeing issues. Appreciating difference and diversity in the UK and around the world</p> <p>Rio meets Callum</p>
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Year 5	<p>What positively and negatively affects health and wellbeing; making informed choices; benefits of a balanced diet; different influences on food; skills to make choices</p>	<p>Recognising what they are good at; setting goals; aspirations. Intensity of feelings; managing complex feelings. Coping with change and transition;</p>	<p>Strategies for managing personal safety in the local environment; online safety; including sharing images; mobile phone safety</p>	<p>Responding to feelings in others</p> <p>When is enough, enough?</p>	<p>Actions have consequences of actions; working collaboratively; negotiation and compromise; giving feedback</p> <p>Sharing ideal network</p>	<p>Different rights; responsibilities and duties</p> <p>Culture – the Roma</p> <p>Waste week</p>	<p>Importance of finance in people’s lives; being a critical consumer; looking after money; interest; loan; debt management of money; tax</p> <p>HELP project</p>	<p>Listening to others; raise concerns and challenge</p> <p>Refugee week</p>	<p>Discuss and debate health and wellbeing issues. Rules and laws; changing rules and laws; anti-social behaviour; respecting and resolving differences</p>

	Bacteria and Virus' (e-bug materials)	bereavement and grief Growing and changing L&G	Keeping safe in cyberspace Developing personal filters						Health care – improving life chances Gift of sight
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Year 6	Images in the media and reality; how this can affect how people feel; risks and effects of drugs Clear thinking proverbs and more	Recognising what they are good at; setting goals; aspirations. Changes at puberty (<i>recap Y4</i>); human reproduction; roles and responsibilities of parents	Independence; increased responsibility; keeping safe; influences on behaviour; resisting pressure; rights to protect their body and speaking out (including against FGM); who is responsible for their health and safety; where to get help and advice Knife crime, shielding from harm	Confidentiality and when to break a confidence; managing dares Using statistics to understand our world	Different types of relationships; positive and healthy relationships; maintaining relationships; recognising when a relationship is unhealthy (including forced marriage); committed; loving relationships; marriage. Acceptable and unacceptable physical touch; personal boundaries and the right to privacy	How resources are allocated; effect of this on individuals; communities and environment Stephen Lawrence Saving the rainforest Waste week	Enterprise; setting up an enterprise Using talents It's a wind up HELP project	Listening to others; raise concerns and challenge. What makes people the same or different; recognising and challenging stereotypes; discrimination and bullying Homophobia Respecting all of our differences Refugee week	Discuss and debate health and wellbeing issues. Human rights; the rights of child; cultural practices and British law. Being part of a community; groups that support communities. Being critical of what is in the media and what they forward to others Surviving cancer Rights and responsibilities: freedom scapegoat

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Blue – Go Givers – Free ones – use these if you want Animal care, Saving the rainforest, Democracy

Green – Lucinda and Godfrey

Pink – Resources in classroom

Families week – September

Anti-bullying week - November

NSPCC Assemblies and workshops – November/December