



"If you can't outplay them, outwork them."

"What you lack in talent can be made up with desire, hustle, and giving 110 percent all the time."

"One man can be a crucial ingredient on a team, but one man cannot make a team. "



Abingdon Primary Sports Premium and P.E.

2016-17 Autumn



I won gold at the Skipping Festival for my "Pretzel" technique. Everyone in Year 3&4 love skipping.



Middlesbrough's Premier Skipping Festival 28th November 2016

Sports Premium

Up until the academic year 2019/2020, the Government is making available to all schools a sum of money annually to allow them to continue to develop sports provision within school and to help schools increase pupil participation in sporting activity. This money presently equates to £8000 per school per year plus an additional £5 per child. For our school this means approximately £9,200 per year.

The Governors agree that the money must be used so that: all children benefit regardless of sporting ability; that the most able children are given the opportunity to compete in advanced tournaments; that staff have access to training opportunities and continued professional development.



19/10/16	Y3/4	Skipping Workshop	Half day visit			117	N	A	NA	N	A	NA
31/10/16 – 3/11/16	Whole school	Destination Judo	4 Days			412	N	A	NA	N	A	NA
31/10/16 – 3/11/16	Y5	Bikeability	4 half days	8	8	16	N	A	NA	N	A	NA
31/10/16 – 11/11/16	Y5	Swimming Neptune Centre MBRO	10			59	N	A	NA	N	A	NA
4/11/16	Y3/4	Skipping Workshop	Half-day			117	N	A	NA	N	A	NA
17/11/16	Y5/6	Key-steps gymnas-tics	Half day	2	8	10						10th
18/11/16	Y3/4	Skipping Workshop	Half-day			117	N	A	NA	N	A	NA
28/11/16	Y3/4	Skipping Festival	Half-day			30			2	3		
25/11/16	Y3/4	Indoor Sports hall - Athletics	Half day		8	8						11th
24/11/16	Y5/6	Man Utd vs Feynoord	After school			34	N	A	NA	N	A	NA
On- going	Y5	Horse-Riding	10 ses-sions	4	4	8	N	A	NA	N	A	NA

Participation table 2016-17 Autumn 1

Date	year grp	event/coaching	No of sessions	Boy	Girl	Total	Position			
							1st	2nd	3rd	Oth-er
12/9/16 - 23/9/16	Y4	Swimming Neptune Centre MBRO	10			57	N A	N A	N A	
19/9/16	Y5	Orienteering Introduction	Half day visit			57	N A	N A	N A	
28/9/16	Y3/4	Skipping Workshop	Half day visit			117				
30/9/16	Y5/6	Football	Half day visit	8	8	16			7th	
3/10/16 - 7/10/16	Y5	Bikeability	4 half days	8	6	14	N A	N A	N A	
11/10/16	Y3/4	Tag Rugby	Half day visit	6	2	8			8th	
13/10/16	Y5/6	Tag Rugby	Half day visit	6	2	8			5th	
14/10/16	3/4/5/6	Tag Rugby	Half day visit		8	8			13th	

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Sports Premium Budget

Overview of Autumn 2016/17

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Extended School Groups

Swimming

Participation table



Overview of Sport Funding 2016/17	£9106 + £1500
CPD—Staff Support Supply cover for CPD (Staff training) and attendance at sports events. Release of Mr. Hedgley & Miss Beetch	£750
Transport and staffing—Inter school Festivals and fixtures	£3400
Supplementary swimming lessons to top up our quota of sessions from the authority.	£2000
School Sports Partnership — CPD festival and tournament organisation and administration	£1500
Equipment and kit—We intend to invest in team kit but will seek sponsorship to subsidise this investment	£1800
Extended Schools enrichment outside agencies. Explore new sports to widen children's awareness and experiences	£550
Prizes including medals trophies and certificates	£140
Contingency	£466

Swimming

Swimming runs throughout the year for Year 4 & 5 pupils and for those year 6 pupils who have not yet achieved the 25m certificate in the previous year.

Sessions are at The Neptune Centre and are from 1:40 – 2:30

Sessions take place in two week blocks. Each Y5 pupil will experience 10 concurrent intensive sessions.

Inter school Galas will be entered through the Festival format.



Horse Riding

This is the highlight of my week—I can't sleep the night before. I'm so excited to see my horse again. Harris Y5

Our children are given the unique opportunity to try out a sport that may otherwise not be considered.

A group of children travel to Stainsby Grange Equestrian Centre every week to learn how to care for and ride horses. They improve both their physical and mental toughness

I feel so proud I've conquered my fears. I love "my" horse Molly.

Laiba Y5



Autumn 1

Reception

Yogabugs

Becoming YogaBugs we have brought stories to life through specially developed moves inspired by yoga. Combining fun with exercise our children have gone on wild adventures where they roar like a lion, fly like a bird or blast into outer space!

Gymnastics

Miss Beetch (PE TA) has taught us the fundamentals of movement and we are beginning to improve our posture and now we are putting together movement sequences on the mat and apparatus

Year 1

Dance

Elite Sports have worked alongside Year 1 developing a range of movement sequences beginning to understand movement motifs and appreciating music and its place when creating mood.

We have also supplemented our dance classes learning traditional and cultural group dances.

Year 2

Yogabugs

We have developed our flexibility, strength, control and balance whilst learning and creating movement phrases stretching and holding.

Gymnastics

Miss Beetch (PE TA) has taught us the fundamentals of movement and we are beginning to improve our posture and now we are putting together movement phrases on the mat and apparatus.

Local and National Events

Year 3 Autumn Striking & Fielding

We have looked at the fundamentals of striking and fielding games.

We have practiced drills in fielding, catching, striking and game awareness.

Elite sports has helped us break down each skill and adapt our acquisition to a game situation.

Dance

We have developed movement phrases in pairs and in groups to develop our understanding of repetition, mirror and cannon whilst using music to help add feeling to our short phrases



Year 4 Autumn

Our teachers received training from the English National Ballet to help us create and perform a small movement piece exploring space shape and levels. We made a film of our performance and invited an audience of parents and governors to share in our exciting project.

We have worked hard this term on our fitness and mobility through a skipping programme. These were delivered through a competition format and we had to learn individual, paired and group formats. Many of us won through to a local festival final and were very successful.



What a night! This has inspired me to work harder at my club - "Marton Juniors" and lead our school team to some victories just like this one. Mustapha Y6.



A forty strong band of football fans from Abingdon Primary made their way across the Pennines to see Man Utd defeat Dutch giants Feyenoord. We were rewarded with a four goal thriller as Wayne Rooney became the clubs record European goal-scorer with his 39th European goal.

Local and National Events

The English National Ballet

The Nutcracker



Threading themes from the ballet into other curriculum areas including English, Music, Art and Drama, these fun practical sessions have explored the characters through movement qualities and musical motifs in Tchaikovsky's spellbinding score. Discovering basic ballet principles, we have been inspired to think creatively about use of space, shapes and levels in the body.

Thanks Miss Woodward and Mrs. Glass : all your coaching and organising has helped win our day at the cinema.



Year 5

Autumn

OAA

As a year group we spent a day at Pinchinthorpe Country walkway with local country park rangers. We developed important skills of cooperation, leadership and resilience as we built dens from fallen trees and forest debris. We also practiced our map reading and orienteering skills as we hunted in groups for markers. To complete a basic course.

Striking and Fielding / Invasion Games

Year 5 have worked alongside Mr. Short from our School Sports Partnership on Kwik Cricket skills and tactics. For our final unit of the year we also developed our invasion game skills through mini basketball drills and games.



Year 6

Autumn

Supported by SCSS and Miss Beetch (Sports TA)

We have further developed our invasion games skills through basketball. We spent some time officiating our own matches and creating small sided invasion games of our own.

In gymnastics we looked at paired movement phrases which used balance and counter balance: safely using one another as bases or mirrored support.



Running and Fitness Club

All children are offered the opportunity to attend our Running Club. This club offers the chance to build on basic fitness levels and train in a fun environment where commitment and enthusiasm are the main ingredients. It aims to embed the key health factor of regular exercise routinely carried out alongside friends and family.

I love using Albert Park to practice our running skills

change
4 life
Eat well Move more Live longer

We train and have fun in all weathers

We concentrate on A.B.C:
Agility, Balance and Coordination



Street Dance KS1 KS2



We have strong links with the local Arts and Cultural Services. We work alongside professional dance instructors to develop practiced movement phrases. We are often invited to showcase what we have learnt at festivals throughout the year.



Every Thursday I practice my cool moves and develop sequences to showcase at the end of term. Ermal Y5

Basketball / Netball



Every **Monday** we practice our invasion game skills with the Axiom Volunteers who work alongside Teesside Mohawks our local University Basketball team. They are American and we love their accents. Monday's sessions are so much fun. We have even had chance to match our skills up against other schools.

Athletics

We get expert training from Miss Beetch. We practice track and field skills. Many of us progressed into the school Athletics team and attended a prestigious Town Tournament.

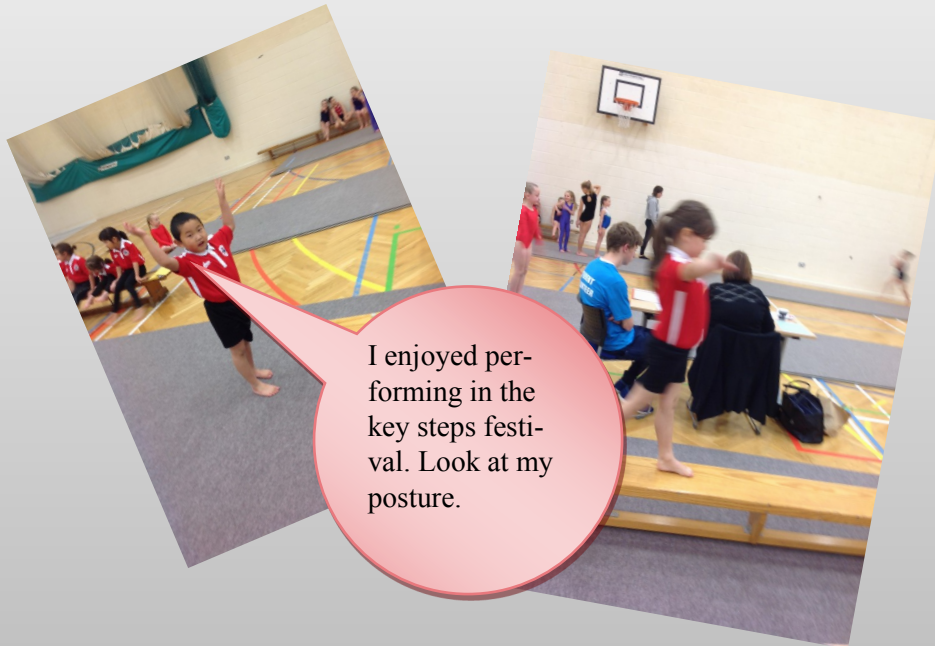
We love taking part in tournaments against other schools in our area!



I've made new friends since I started attending athletics



Gymnastics KS 1 & 2



I enjoyed performing in the key steps festival. Look at my posture.

Multi-sport sessions develop individual skills : throwing, catching ,evading , finding space ,passing and dribbling to name but a few.

Girls' and Boys' TAG Rugby



Open to all ages Tag is an exciting, dynamic and unique invasion game which can be enjoyed by all.

We have entered three teams into local inter-school tournaments.